



FOR IMMEDIATE RELEASE

LOCAL AUTHOR TURNS CHILDREN'S POETRY BOOK INTO ONE TO BE READ ON YOUR FEET, NOT ON YOUR SEAT

LAWRENCEVILLE, GA – (April, 2009) – Katie Hart Smith, RN, BSN, MBA

has written and illustrated the first book in the new **Move Me™** children's book series called, **Move Me. Move Me. 1-2-3**. This delightful book is a collection of children's poems and it is unique. The stories and poems promote physical activity, creativity, interactivity and movement in young children. The stories are intended to be read aloud and reenacted in a standing position. They can also be reenacted in a seated position, too.

"As an advocate for children's health issues, I continue to identify, create and develop new ways to promote health, fitness and wellness in children and their families. **Move Me. Move Me. 1-2-3** is ideal for anyone who is looking for new and creative ways to keep their children active and healthy," said Smith. She is also the author/illustrator of the **From the Heart™** series, an on-going charity event that has donated all proceeds from the sale of the series to Children's Healthcare of Atlanta since 2006. Smith's literary work has been profiled on The Reading Lady® television series. The Reading Lady® television series is broadcast on Public Access Channels and is available to 1.8 million households.

Link to visit Smith's compilation of literary work and to purchase publications:
www.katiehartsmith.com

Link to visit The Reading Lady®: www.thereadingladyonline.com

ABOUT AUTHOR

Katie Hart Smith is an author and illustrator of children's books. Mrs. Smith has spent over 20 years working as an expert in the pediatric healthcare industry and is dedicated to children's issues.

She is a published medical author, lecturer and the co-founder of Smartmoovz, Inc., a company dedicated to promoting health and fitness in children and their families. She and her husband are actively involved in the Gwinnett community.

Smith received her Bachelor of Science with a major in nursing from Georgia State University and her Masters in Business Administration from Troy State University. She has been a resident of the Atlanta, Georgia area for over 30 years.

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